Micro teach session	Lighting and the imagination
Specialist Technician	Leila Ghouri
Target Courses	PGCert Academic Practice
Optimum Class size	18
Duration	14:00-17:00 (3 hours)
Prep time	3 mins
Clear up time	3 mins
Resources required	1 Aputure 60x light
	mix of Coloured gels
Last update	10/02/2024

Learning outcome summary Students will be able to understand different scenarios for different lighting styles Students will be able to visualise different lighting environment Students will become familiar with lighting gels Students will be able to use coloured lighting for the appropriate environment

duration	Teaching plan	Student activity
3-5 minutes setup	Students black out the room to ensure optimum lighting effect. Students place chairs in a cinematic format	Students pull down blinds/black out all windows. Students set up the chairs as if they are setting up for a cinema screening.
10	Students are asked to close their eyes whilst sitting together as if they are in a cinema. They then experience different lighting scenarios such as the Antarctic, and then special fx strobe lighting for a club scene, then under the Mediterranean Sea with blue gel and light. Other gels will also be demonstrated to the students. This is a meditative exploration of lighting and colour. Students can handle the equipment once the session is complete.	Students sit in a cinema format, and close their eyes, they experience a whole new world and colour through closed eyes, as they are able to also identify the colour change behind their eyelids, despite their eyes being closed. Students imagine what it's like to be in golden hour, a club, the arctic and under the sea, through exposure to light and coloured gels. Once the experience is over, they can then have haptic interaction with the equipment including the gels.
3-5 minutes setup	Students return the room back to normal- opening up blinds	Students back down the room to the way that it was

and putting chairs back to	
tables	